

CYLCHGRAWN YSGOL GLAN CLWYD HAF 2019

YOUR CHILD'S WORKBOOKS

THE END OF An era

OUTSTANDING WORKBY STUDENTS TÎM EGNI' GO To the USA

EISTEDDFOD YGC 2019

AN INTERVIEW WITH MRS CARTWRIGHT

RECORD S

OF ACHIEVEMENT

A WORD FROM THE HEAD

Dear Parents and Guardians,

Well, here we are at the end of another academic year – where does time go? We've had another year full of successes and rich experiences to celebrate and treasure with as many as possible of these included in this news-letter. One of the school's highlights was that we succeeded in improving our category 'The School's capacity to self-improve' and I wish to thank the staff and the pupils for their hard work in ensuring our improved categorisation.

We saw several successes from our pupils in the fields of sport, music, writing and reciting and science. We are always very glad to be able to celebrate the various successes and share these experiences with you, the parents as well as the pupils themselves.

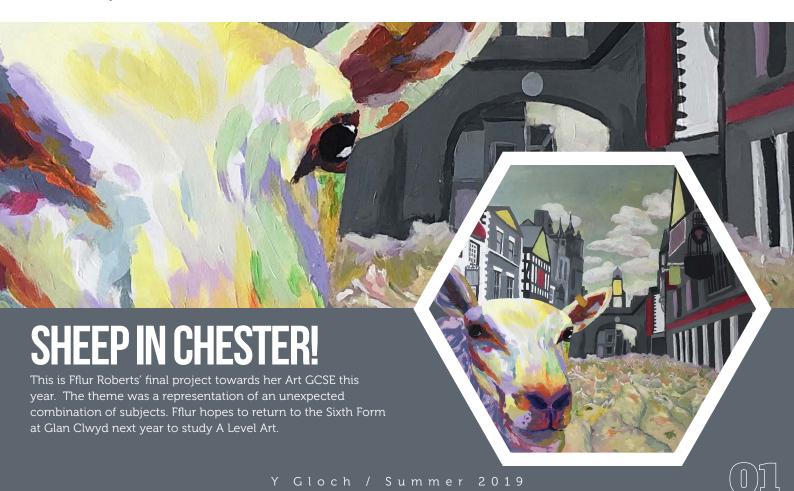
Once again we have completed the external exam season and therefore we wish success to all of you that have taken GCSE exams, AS and A levels. We hope your results will open doors and allow you to follow your dreams.

With a heavy heart, this is the last Newsletter I will be presenting to you but I am pleased to pass the reins over to our new Head Teacher, Mr Gwyn Tudur. I wish him and his team of staff all the best in continuing to 'Achieveing Excellence'. It has been an honour and pleasure to have been first a Deputy and then Head Teacher of this exceptional and very special school and I would like to thank especially you, as parents and guardians, for the opportunity to work together and for your ready support at all times. I wish happiness and every success to all Glan Clwyd pupils, past, present and future, as this is the true purpose of our school, to give the best possible start to each and everyone.



NORMANDY TRIP 2019

Between the 5th and 9th of July, a few of our Year 8 pupils went on an educational visit to Normandy, France. 36 pupils were accompanied by the Modern Language Department and visited Bayeux, Arromanches and Pont de L'Eveque. They were given the opportunity to make bread in a 'boulangerie' and visited Festyland Fun Park. Thanks must go to the teachers for organising this successful trip.





mark separated them. The pupils had been

measures and had been given the opportunity

practising writing poetry in a number of



'Y TALWEN' TEAM, ABERYSTWYTH

20TH JULY 2019

RAISING MONEY FOR THE CYCLONE IDAI APPEA

7S registration Class had a barrow-full of fun baking cakes to sell for the Cyclone Idai Appeal - Save the Children. One of the girls, Seren Penny, went one step further by baking a Victoria Sponge with the School Logo on it. She had a little bit of help from her Grandmother although she herself had baked the sponge and decorated it. Seren enjoys cooking and takes part in several extra-curricular activities. Since Year 7 were raising money, Seren wanted to create a special cake that would not only raise the money but would celebrate the School's Special Birthday at the same time. On the day, it was decided to raffle this cake and this raised £60! The cake stall itself raised £40 - an excellent sum from both!

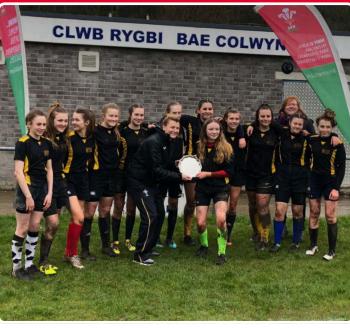
SOME OF THE TEAM RECITING ON STAGE



Following a recent trial, Mathew Senior, Year 8, has been chosen to represent Wales' Under 13 Football Team.

We are very proud of his achievement and wish him a successful future.





Here are the Yr.9 &10 girls' team holding the plate after winning in the final with a score of two tries to one. It was a very exciting game and the standard of play exceptional. Huge congratulations to them!



Congratulations to the Under 13 Girls' Team that won the Welsh Schools' Football Cup recently. Every member of the team played exceptionally well to the last kick under the leadership of Captain Alaw Jones. The final score was 0-0 but Ysgol Glan Clwyd triumphed on penalties by 5 goals to 4. We look forward to this team representing Wales in the 5 Nations' Championship in October. Well done, girls!



Year 7 have been walking along the flood embankments in St. Asaph to understand how these will now protect the city from floods following the 2012 disaster. Seeing and studying the protective embankments ensured the next generation understood how it's possible to learn from the past in creating a safer environment.







READY FOR IT! SITTING ON THE PLANE, ABOUT TO LEAVE OUR SMALL LITTLE ISLAND



TÎM EGNI, REPRESENTING WALES DRAPED IN DRAGONS







World Festival, which is held annually, is a massive celebration of everything to do with robotics, and there's always a fierce but friendly competition between the nations. This year, the event attracted over 70,000 visitors from all four corners of the World. It included over 1,300 robots competing against each other in a number of different challenges set by the organisers and marked by a panel of renowned judges.

Our 'Tîm Egni', comprising of Issac Lloyd, Jac Williams and Thia Williams - all year 9 pupils at our School, were coached by Mr Siôn Jones, their Design and Technology teacher. When they were invited to the World Festival after competing in the Final National Round of the First Lego League (FLL) at Bristol, Jac said: "We are so excited to be invited to represent Wales in the final rounds at Detroit. I'm looking forward to meeting FLL teams from all over the world and to share our experiences with them."

In the period leading up to the competition, the team spent a number of days, during their lunch hour and after school, preparing innovative solutions to tasks related to space on the theme 'Into Orbit'.

At the end of the competition, all the teams took part in a prize giving ceremony in the Cobo Center in the middle of Detroit. 'Tîm Egni' were so excited when they were asked to go on stage to receive one of the special prizes presented by the judges themselves. The judges congratulated the team for their great ideas in relation to solving the problems of spacemen travelling through space on zero gravity.

Thia described the team's solution: "Through simulating the Earth's live gravity, this solves many problems that spacemen may encounter. We were really thinking on a LARGE scale when considering problems to be solved! We hope our idea will be realized one day."

Even though there were only three members of the team, the research into the problem was thorough and deep and had impressed the judges immensely. In addition, they had not been afraid of thinking outside the box in order to discover a practical solution.

Following the presentation of this special prize to the team, the team coach, Mr Siôn Jones, said: "I am absolutely thrilled for the team in winning such a celebrated award and I'm sure this will inspire many teams from all over Wales. The journey to the World Festival would not have been possible without the support of companies and individuals who gave of their time and provided finance for the journey. A special thanks to

> Technocamps, IET and CABC."

Technocamps has supported the team's journey to Detroit by providing technical advice, robotic

kits, training and mentorship. Technocamps' Achievement Officer, Teri Birch, accompanied the team and their coach and provided backing as well as valuable moral support.

Professor Faron Moller, the Director of Technocamps said: "The Technocamps programme across Wales recognizes and supports a wide range of extracurricular activities which inspire and motivate pupils to learn more about computer science and its associated STEM subjects.

We feel passionate about providing support for schools in Wales to compete on the worldwide stage. I am extremely pleased to hear about the success of 'Tîm Egni' and pleased that we were able to help them on their journey." This is the third year in a row that Technocamps has supported a school from Wales to succeed in the national FIRST competition and represent the United Kingdom in the world finals. FIRST has announced its theme for next year's competition - 'City Shaper' and the challenges will be announced in August.

Technocamps will continue to support ambitious teams from Wales in preparing for the challenge and we hope that Wales will be represented with a team in the World Festival once again.

'Tîm Egni' would like to thank all the sponsors who contributed financially and in doing so provided a worthwhile and memorable journey to America for them.

THE IMPORTANCE OF TALKING

On June 10th, Rowan Hughes (Head Pupil) and Ifan Mars Jones (Deputy Head Pupil) organised a coffee morning for staff and 6th form students to raise awareness of men's mental health. It was a very successful morning discussing issues over a cuppa and cake, and suggesting ways they could increase awareness. Thank you to the two lads for organising this.



Year 12 and 13 Religious Education students went on a trip with students from Ysgol Tryfan, Bangor to the Buddhist Center in Manchester. During the visit they met a Buddhist who talked about his experiences of practicing the religion in the 21st century and also a question and answer session. The pupils had the opportunity to reflect and learn about the teaching of the religion and its importance to the Buddhist community in Manchester.



The Welsh Whisperer came to school to share with us his different experiences and he also sang for us. Most of his songs were 'cheesy pop' but we enjoyed them. It was interesting to hear how he had achieved success and he explained, at our age, we are given so many opportunities to decide what we want to do, that we should try to follow our true interests.



As part of our celebrations to be proud of our Welsh heritage, we welcomed Mr Phormula (Ed Holden) to perform to Years 9 and 11. Ed spoke with the pupils regarding his journey as a performer and the importance of the Welsh Language to him. His talk opened the eyes of some pupils to what could be possible.



Perhaps you will have seen pupils in Year 8 on the side of the road as you drove through St Asaph recently?

Year 8 have been busy conducting Geographical research into traffic and pedestrian flow as well as completing questionnaires on peoples' shopping patterns. The pupils enjoyed learning outside the school environment especially in the sunny weather.



The School Eisteddfod 2019



Following the meticulous preparation of Years 12 and 13, we had our first Eisteddfod since moving to the new building.

This year, there was an infectious excitement as Years 12 and 13 led Years 7 and 8 in a variety of competitions, such as sketches, creating a squiggle and a modern solo. There is no doubt that the highlight of the day was the House Choirs. The stage was overflowing with eager faces giving it their most!

As a change from the norm, the hall was adorned with banners created by Year 7 and 8 in an informal workshop with Years 12 and 13 in the garden on the morning of the Eisteddfod. The banners were very special and created a wonderful atmosphere.

Another aspect of the Eisteddfod was the work done by Years 11, 12 and 13 Art Group in the Sports Hall during the afternoon. Their challenge was to create portraits (freehand or computer based) of specific members of staff. The quality of the portraits were excellent and showed the talent of these pupils.

It was an honour to have Mrs Bethan Cartwright adjudicating with Jade Davies, an ex-pupil who is now a star in the West End! What an inspiration for present pupils.

To crown the Eisteddfod day, we had an incredible performance from the staff band, 'Y Di - Enw' (anonymous). They were superb and we were impressed with their voices and musical talent. Candelas and Yws Gwynedd - look out!

























MRS CARTWRIGHT'S INTERVIEW

The pupils from Years 7, 9 and the Sixth Form were given the opportunity to interview Mrs Cartwright regarding her past, her future and even what she likes on her toast.

"The school means an anful

lot to me and Fam certain

"Falways knew that Fwanted to return to Glan Clwyd"

Where do you go on holiday?

I enjoy going to the New Forest - probably because I have nice weather every time I go there.

What do you do in your spare time?

Unfortunately, I don't have much spare time at the moment but I would love to have a dog and take it for walks.

What was your favourite subject in school and why?

Mathematics – because it was a subject that came quite easily to me and also because working hard at solving a problem and getting the answer gives so much satisfaction.

Did you enjoy your time as Head Teacher at Ysgol Glan Clwyd?

It has been an honour and a pleasure being Head Teacher of this school especially as I was once a pupil here. Perhaps this sounds a bit 'cheesy', but the school means an awful lot to me and I am certain I will miss you all.

What did you want to be when you were growing up?

First, I wanted to be a famous harpist but I decided, although I enjoyed playing it very much, I did not really want to make a career of it. Then I wanted to join the RAF - but I wear glasses and my eyesight wasn't good enough.

What have you learned from your experience at Ysgol Glan

To never give up on any pupil because school is an opportunity, and sometimes the only opportunity, which will ensure success for the pupil.

What will you miss the most as you leave the school?

Probably seeing staff members and pupils developing and succeeding. Also, the school day and the general hectic life of the school make time fly and a week goes by very quickly.

What is your favourite band or musical artist?

My favourite band is Muse they're amazing live!

Why did you choose to become a teacher in this

I was given the opportunity to apply for a post at Ysgol Glan Clwyd right at the start of my career as a teacher but my

mother suggested I should develop my career (and make mistakes) somewhere else first. However, I always knew that I wanted to return to Glan Clwyd.

What would you choose as your last 3 course meal on this earth?

Mushrooms in garlic, chicken and any dessert with chocolate in it - exactly the same meal as was prepared for Mr Dylan Jones and myself in this year's sixth form Cooking Competition. Yummy!

What was your first car? Is there a story attached?

A blue Nissan Micra with white wheel trims - I called her Lottie!!! There was a problem with the car - it always cut out if your foot was somewhere in the middle of the accelerator!!

What will be your ambition when you leave school?

earlier and I'm looking forward managing change in education.

motorhome, visiting Indonesia



The End of an Era

I cannot believe that my time at Ysgol Glan Clwyd has come to an end. Where where did the last seven years go?

I have recollections since I was a young girl of passing and staring at the school building of Ysgol Glan Clwyd with a smile on my face, thinking about what was going to happen to me in the future.

I remember my first day in Year 7 as if it were yesterday....arranging my pencil case for the fifth time to make sure that I had a ruler, rubber and a calculator. Mam and Dad calling for me to get myself ready to take a photo in my new school uniform and then having to run to catch the bus in the rain! — Yes, it was a hectic morning! My heart was full of nervousness and excitement, but from the moment I reached the entrance door of Ysgol Glan Clwyd, I was warmly welcomed by the school family.

As I reach the end of my time at school, the fact that I will not be walking the corridors as a pupil again is frightening. Saying goodbye to the building and the Ysgol Glan Clwyd family will be difficult, but all the sweet memories I have about my time at the School, the special friends I have been fortunate to make, will remain in my heart as I start a new journey in the 'big world.'

Being elected as Head Girl was a privilege and an honour and my experiences as a Head Pupil in leading my co-pupils, working with teachers and the School community, have been an eye opener for me. With Rowan Hughes (Head Boy), Hayley Daffern (Deputy Head Girl) and Ifan Mars Jones (Deputy Head Boy), we had the pleasure of working with the Head Teacher, Mrs Bethan Cartwright, and we thank her for her consistent leadership over the last few years. Without doubt, her passion has influenced my attitude towards my work as well as motivating me to aim high in every aspect of my life.

Mrs Catherine Jones and Miss Melangell Aled have been of enormous help and have inspired me to do my best when facing all my challenges in life. The difficult process of attempting to get an university placement was achieved through the efforts of Mrs Catherine Jones. She has indeed given me tremendous support throughout my time in the Sixth Form and this has enabled me to take the next steps in order to realise my dreams of becoming a doctor. Miss Melangell Aled has been a caring mentor who has guided me as well as being a good listener during my time in the Sixth Form. I appreciate the work of both ladies for inspiring me, for supporting me and enabling me to stride forward with confidence towards my next journey in life.

No words can convey my gratitude to all the School staff, who have regularly supported me during my time at School. Without doubt, the community at Ysgol Glan Clwyd has been a priceless family for me and without the experiences and education I've received, I feel that I would not have been the person I am today. Therefore, I would like to thank the whole community at Ysgol Glan Clwyd for assisting me on my journey to realize my dreams and I sincerely hope that when I pass the school building, I will still have the same smile on my face for many years to come.

Gwen Edmunds



Taking endless selfies can only have negative effects on teens' mental well-being, but what if we didn't take endless selfies, and just took a few for fun and memory preservation?

Obviously, selfies can have a negative effect as they are often unrealistic portrayals of people and when others see them, they immediately, subconsciously compare themselves to those in the picture. So, they focus on superficial value rather than on what's inside. Of course, this can decrease confidence and lead to people valuing the wrong things and so having incorrect morals. Another way in which selfies decrease body confidence is that they point out negatives, especially if a fun filter that removes imperfections such as spots is on and then goes off.

Immediately, there is then an obvious change which leaves people, especially teens with already low confidence, frustrated and embarrassed. Therefore, people will often edit selfies before posting them which makes them unrealistic. There is then a repetitive loop, as others would not realise that the selfie was edited, and they will feel a natural need to be better and so will edit their own photo.

these items. Now obviously, most of the time, this is harmless. However, there are many unnecessary details of your personal life that you might unknowingly be sharing with many people. It is also not very difficult to develop an unhealthy attitude towards having to let everyone know what you're doing at any moment in time and knowing what everyone else is doing all the time. This could fall under the categories of peer-pressure and addiction.

However, I am not fully against selfies. Selfies can also have a positive impact on lives as they can give you confidence and they help preserve memories, be it memories from holidays, or from just messing around with friends. It's also a good way to express yourself.

So overall, I think selfies are important to capture special moments but should be taken with the correct intention. If you're at the Grand Canyon, what about taking a photograph of the scenery instead of yourself? Selfies are fine, but taking too many cannot be good news.

Julia Bugeli Yr.10

English Coursework

But of course, looking good yourself is not the only important thing in 'the perfect selfie'. An ideal background is also needed, which leaves people often going to the extreme, potentially endangering themselves just for the 'perfect' background. Then again, not everyone can afford to go to exotic places and so when they see 'perfect selfies' of other people 'having fun' with 'no facial imperfections' a 'beautiful background' etc. they can begin to feel depressed. What they do not realise is that the person in the image may not actually be having fun but may have just put on a smile for the picture. They are highly unlikely to have no facial imperfections and the stunning backdrops may or may not be true. The original and the edited versions of a selfie could look like two completely different pictures. As well as the issue of confidence, there is also a privacy issue. For example, when using an app such as Snapchat, if you post an image with a GEO filter, everyone who sees the image knows exactly where

you are or were. If you post a picture of your newly bought shopping, anyone who sees the image knows that you have just been shopping and have bought

Salut! Je m'appelle (Dia. Je vais à Ysgol Glan Clwyd. J'aime le français parce que c'est interéssant et c'est amusant. Aussi, j'aime les maths car c'est intéressant. A mon avis, normalment les maths c'est facile. J'adore le dessin parce que c'est amusant et c'est inspirant. La biologie c'est ma matière préférée parce que c'est

Les Matières et Les Opinions

(Dais, je déteste la physique parce que c'est ennuyeux et c'est difficile, mais j'aime la chimie car c'est intéressant.

Je déteste le sport aussi parce que c'est fatigant.

Je suis forte en maths et l'instruction réligieuse, mais je n'aime pas l'instruction réligieuse car quelquefois c'est difficile.

Aussi, j'aime l'anglais, le gallois, la musique et l'informatique parce que ce sont intéressants.

Mia Morrison Ur.8French Coursework

intéressant et c'est inspirant.



This is one of three pieces which Brannon composed as part of his course work this year. In this composition he used technologies and musical conventions associated with Western Classical Traditions. This particular piece was a String Trio in the Baroque genre and was composed especially for the chamber concert at St Beuno Church, Clynnog, Gwynedd.

CONGRATULATIONS BRANNON -KEEP UP THE BRILLIANT WORK!







You will be able to listen to the music 'Trio in E Minor, onby clicking this link.



Thank you and best wishes to you all!

There are mixed feelings every time at the end of the school year. Naturally we are looking forward to the holidays and a fresh start and a deserved rest for everyone. However, ending the year means saying farewell to our colleagues and fond friends. This year is no exception and we thank them most sincerely for their pleasant company, their leadership and their friendship.



A 'home bird' best describes Fiona Shand...but which home? After 38 years teaching at Glan Clwyd, St Asaph has a very special place in her heart – but Anglesey lays claim to her roots.

She has been a solid backbone of the English Department throughout her career and she will be sorely missed. Without doubt, her retirement will continue to keep her busy and we wish her every happiness and enjoyment.



It is almost twenty years since Gwawr Meirion arrived at Ysgol Glan Clwyd where she began as... Gwawr Meirion the Historian, Gwawr Meirion the Queen of the Baccalaureate and the Timetable and Gwawr Meirion the shoeaholic! But by now, it is Gwawr Meirion the ESTYN INSPECTOR of Schools and we will be all quaking in our shoes next September!



The girl of the Hills best describes Bethan Cartwright brought up in the beautiful Hiraethog Valley in North East Wales. Her home locality means a lot to her as do the young people who live in our own locality. Her background is in Mathematics and organisation is a natural part of her make-up. We know that she is extremely fond of her carsand we wonder what car she will buy in September as she embarks on a new chapter in her history.



A former pupil of Ysgol Glan Clwyd, Geraint Jones is finishing his role as Head of Year 10 and a key member of the PE Department.
A renowned hooker in Denbigh's Rugby Team, he has now been 'hooked' by Ysgol Dewi Sant. Good luck to him in the Primary Sector - we will truly miss him.

Your Child's Workbooks

Here at Ysgol Glan Clwyd we are extremely proud of our pupils' workbooks. The condition of these workbooks is extremely important to us and we emphasise the importance of pupils' pride in their workbooks as well as in their work. Each pupil is supplied with an A4 size workbook in the majority of subjects. On each cover we have labels denoting the pupil's expectations regarding the presentation of work, looking after the workbook and a designated space for the pupil's name. Showing pride in our own work and in the work of others is an important quality we promote.

What should you see in your child's workbook?

In looking through your child's workbook, you should see progress over a period of time. While sitting with your child and looking at the work together, your child should be confident in discussing the work undertaken.

How do we assess your child's work?

Across the curriculum, we use a uniform process of assessing your child's work. Each teacher will highlight the areas that are pleasing in pink and the areas which need to be improved in blue (see blue/pink highlighted image). We note very clearly what your child has been 'able to complete' in a piece of work and the area which needs to improve (Label image).

The first column 'You achieved' gives an opportunity for the teacher to note what your child has achieved successfully based on the Achievement Criteria.

The second column 'Even better if...' gives the teacher an opportunity to note how your child can further improve his/her work.

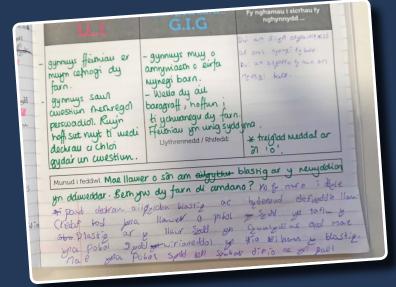
The third column is the most important. Here, your child will explain which steps he/she will carry out next in order to improve his/her work. The child can reflect on the best method to achieve the improvement that is needed. The third column is completed with a 'purple biro'.

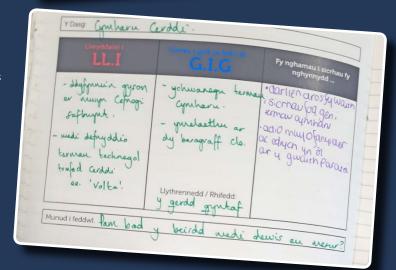
Purposeful and regular opportunities are given in lessons – these are referred to as 'DIRT time' – for pupils to 'Clean their work' by responding to the targets and following the procedure stages laid down. Your child will use a purple biro to correct linguistic errors and extend his/her work. There is also an opportunity to answer a question from the teacher which appears on the label. This question is a challenge to get your child to think in more depth. While you look at your

Llwyddwyd i LL.I	Gorau i gyd os fedrwn ni G.I.G	Camau o fewn yr adran i sicrhau cynnydd
	Llythrennedd / Rhifedd:	

child's workbooks, you will notice that the work in purple shows that your child has revisited his/her work in order to improve. While completing this exercise, your child is nurturing more independence and responsibility and sees the value of continued improvement.

We consider your child's workbook to be a record of experiences and progress in various skills and a source of pride. We sincerely hope that your child is happy to share his / her learning journey within their workbooks' with you.





"Wrth gicio a brathu"

"Wrth gicio a brathu mae cariad yn magu" mae rhyw anwiredd yn cuddied tu ôl i'r geiriau, 'da chi'm yn meddwl? Rhyw eironi yn amlygu ei hun tu ôl i eiriau iard ysgol. Mae'n gas gen i'r ymadrodd 'na.

Wrth 'gicio a brathu' fe sefydlon ni berthynas ansefydlog. Swnio'n anghywir, ond dyna'r hyn sy'n sail i'n perthynas ni bellach... rhyw gymysgedd o gariad a hunangasineb. Allai'm ei adael o, er mod i'n gwybod mai gadael fynd ydy'r peth iawn i'w wneud. Dwi'n gwybod hefyd fod yr annwyl Gwil 'di bod yn anffyddlon. Dyn busnes ydi Gwil 'da chi'n gweld ac mae o'n gweithio dramor yn aml. Bob tro ddaw o adra, mae o'n gallu bod mor berffaith a normal am y munudau cyntaf. Yna fe ga'i ryw awgrym fod na ddynas arall dros y lli, a daw'r llid yn gwmwl mawr dros yr aduniad bach rhwng gŵr a gwraig. Rhyw arogl pell o bersawr dynes ar ei ddillad. Rhyw farc colur ar lawes crys a wisgodd o dridie ynghynt neu'r olwg bell yn ei lygaid o wrth i mi ofyn yn betrus pam na gysylltodd o ddim unwaith tra'r oedd o i ffwrdd.

Fel y deudais i, mi ddaw'r hwrdd o ddicter drosof i, a fy nharo i'n don. Ond erbyn hyn, cuddied teimladau ydy'r peth callaf i'w wneud. Allai'm diodde iddo fod adra am fwy na wythnos bellach. Dwi'n cael trafferth edrych ar ei wyneb o heb deimlo'n wag. Ond mi ddaw o adra yn annisgwyl un prynhawn a thusw o flodau yn ei law a gwên felys, heb unrhyw wir ystyr iddi ar ei wyneb. Dyna prvd v bydda i, am v canfed tro, yn llwyddo i'm berswadio fy hun fod 'na obaith i bethau newid. Dwi'n gwneud dim ond aros iddo ddod yn ôl adra i dorri ar yr unigrwydd a'r gwacter dwi'n ei deimlo. Ydw i'n ei fethu o? Ydw i mor ddibynnol ar Gwil, nes mod i'n hiraethu am unrhyw deimlad? Am unrhyw sylw? Neu ella fod y ffaith fod unrhyw loes 'di diflannu erbyn i Gwil ddod adra fel arfer. Dwi'n ddigon bodlon i fodloni ar anghofio.

Dwi'm yn gwneud fy hun yn glir nac ydw? Fi, a fy ngŵr. Dydw i ddim yn gwybod yn iawn lle ddechreuodd y gofod yma dyfu rhyngom ni ond dwi'n gwybod ei fod o'n bell o fod yn rhywbeth newydd. Wedi iddo ddechrau gweithio i ffwrdd yn fwy ag yn fwy aml. Allen ni wneud dim ond hoelio'r holl beth ar flinder a 'jet lag'. Dwi'n cofio'r ffrae gyntaf. Cofio'r lliw coch. Darganfod marciau minlliw coch dros grys gwyn wrth i mi ddadbacio'i fag o. Roeddwn i 'di amau lawer gwaith cyn hynny, ond mi roedd y dystiolaeth yna mewn du a gwyn (neu efallai mai coch a gwyn ddyliwn i ddweud?) yn syllu arna i, yn annog rhyw fath o stŵr... Dyliwn i fod wedi cau fy ngheg yn glep y noson honno.

"Be 'di hwn?" Syllais i fyw ei lygaid wrth iddo gerdded i fewn i'r ystafell wely. Roeddwn i'n aros i weld euogrwydd yn ei lygaid o. Ni wnaeth ddim byd ond codi'i ysgwyddau'n swta. Ond mi oeddwn i 'di blino hefyd. 'Di blino ar ei gelwyddau o. 'Di blino ar wythnosau unig, mewn rhyw garchar moethus yr oeddwn i'n ei alw'n gartref. Hon oedd ei noson gyntaf o adra ers pum wythnos ac roeddwn i'n ysu am unrhyw fath o sylw gan y dyn anghariadus o fy mlaen i.

"Paid â malu Gwil, dwi'n gwbod... dwi'n gallu deud... pwy ydi hi? PWY YDI HI GWIL?"

Gafaelais yn ei fraich, i fynnu'i sylw

"Drycha arna i y cachgi. Pwy ydi hi?" poerais drwy fy nagrau. Dyna'r foment newidiodd popeth. Cyn i mi ddeall yn iawn beth oedd yn digwydd, bachodd yntau yn fy mraich innau yn sydyn a dechrau gwasgu. Fferais wrth sylwi ar yr olwg dywyll yn ei lygaid o.

"Gwil? Gwil... paid...ti'n fy mrifo i."

"Does na'm dynas arall, wt ti'n dalld?" chwyrnodd. Dechreuais wingo. Roedd yr olwg ddieithr yma ar ei wyneb yn fy nychryn. Roedd yna ddyn dieithr o fy mlaen i ac roedd o 'di gwylltio'n gacwn. Fedrwn i ddim dweud gair, dim ond syllu i fyw ei lygaid ac ymbil.

Mae'n rhaid ei fod o wedi ddarllen rhywbeth ar fy wyneb i, achos mi daflodd o fi o'r neilltu fel rhyw ddoli glwt a cherdded allan o'r ystafell beb air

Ni ddaeth adref y noson honno.
Gadawodd fi yno'n meddwl am
bopeth. Doeddwn i ddim yn deall sut
y digwyddodd yr holl beth a cheisiais
feddwl pryd aeth popeth o'i le. Cyn
iddo ddychwelyd y bore wedyn,
roeddwn i wedi penderfynu ei adael
cyn i ddim byd o'r fath ddigwydd eto.

Wrth gwrs, ni ddigwyddodd hynny. Fe ddaeth o adref yn y bore a rhyw wên ar ei wyneb.

"Gwranda..." torrodd o ar fy nhraws i.

"Na, paid â phoeni dim Cat, dwi'n deall. Roeddet ti 'di blino neithiwr a'r arolwg 'ma yn y gwaith a ballu ti'n siŵr o fod dan bwysau dwyt? Dwi'n deall."

Edrychais arno gan geisio deall.

"Fe af i wneud panad o goffi i'r ddau ohonom ni, mae gen i lwyth o straeon i dweud wrthot ti am Hawaii!" meddai gan gerdded i ffwrdd.

Felly, ni ddywedais i ddim. Dwi'n gwybod fod hynny'n wallgo, ond roedd o wedi fy nrysu i gymaint nes i mi berswadio fy hun mai symud ymlaen fyddai'r peth callaf i ni ei wneud ac na fyddai 'na unrhyw beth fel hyn yn digwydd eto.

Roedd y noson honno'n dro bedol go gas yn ein perthynas ni. Roeddwn i'n ofalus i beidio dweud dim fyddai'n ei ddigio fo ar ôl hynny. Rhyw ofn yn fy nghadw i'n gaeth i eiriau call.

Aeth popeth yn ôl i sut oedden nhw... dim ond fod Gwil yn fy anwybyddu yn amlach. Yn fy iselhau yn amlach. Oedd o'n ceisio cadw fy nhraed i ar y ddaear? Na. Roedd o eisiau gwneud yn siŵr mod i'n aros yn ddigon isel fel mai fo oedd â'r llaw ucSummer bob amser.

"Wyt ti'n mynd allan yn y ffrog na? Cer i newid, mae gen i gywilydd ohonot ti" rhyw sylwadau diangen fel yna. Neu fe fyddai'n gollwng rhywbeth ar fwrdd y gegin a mi fyddai o'n dweud rhywbeth fel "I be wt ti'n dda os elli di'm cwcio brecwast yn iawn?? Dwyt ti'n dda i ddim". Ond oni bai am hynny, fel y dywedais i, roedd popeth yn iawn.

Yna, fe gawson ni'r Ffrae Fawr. Y ffrae ysgytwol a wnaeth i mi sylweddoli cymaint o gamgymeriad oedd aros efo Gwil. Y ffrae a newidiodd ein perthynas ni am byth.

Rhyw fis yn ôl oedd hi ac roeddwn i ar fy ngwyliau Pasg ac roedd Gwil adra o Efrog Newydd ers wythnos. Roedd hi 'di bod yn wythnos ryfedd, os rywbeth roedd o 'di bod yn fwy cariadus ers iddo ddod adra, nes ei bod hi bron fel yr hen ddyddiau.

Roedden ni'n ymddwyn fel y dylai Gŵr a Gwraig ymddwyn ac am y tro cyntaf ers amser maith, gadewais i fi fy hun ymlacio yn ei gwmni o.

Roedden ni'n mynd allan i barti un o'i bartneriaid busnes o, "noson bwysig" yn ôl Gwil. Ella mai dyna wnaeth iddo edrych i fyny ac i lawr cyn i ni adael y tŷ, cydied yn fy ngarddwn i'n dynn gan sibrwd, "Mae gen ti ddau funud i fynd i newid y ffrog hyll 'na a'r 'sgidie gwirion 'na, neu fe gei di aros adra ben dy hun. Ma' 'ne olwg arnat ti Cat."

Felly i fyny a fi i newid fel rhyw gi bach ffyddlon a lawr mewn dau funud mewn ffrog oedd yn dangos mwy o groen, a sodlau ddwy fodfedd yn dalach. Roeddwn i'n gwybod mai dyna oedd o'n ei feddwl. Eisiau rhywbeth i'w ddangos i'r dynion yn y gwaith oedd o weithio. Gwraig oedd yn deilwng o'i sylw o.

"Dyna ni welliant Cat," meddai gan siarad efo fi fel pe bawn i'n rhyw hogan fach. Wrth gwrs, wnes i ddim byd ond gollwng fy mhen gan geisio cydied yn dynn yn yr ychydig urddas oedd gen i ar ôl.

Wedi i ni gyrraedd y parti, roedd Gwil yn ddyn gwahanol. Roedd rhyw swyn tu ôl i'w wên o, dyn cyfeillgar a thawel, addfwyn bron iawn. Pawb i'w gweld wrth eu boddau efo fo. Aeth y noson yn ei blaen yn llawn cyfarchion a degau o wynebau oedd yn toddi'n un. Roedd fy ngŵr i'n ymddwyn yn hynod fonheddig ac ni adawodd fy ochr i drwy'r nos. Mae gen i gywilydd cyfaddef ei bod hi'n braf teimlo mod i'n ei wneud o'n falch. Beryg iawn mod i 'di ymlacio ormod. Siarad oedden ni hefo un o ffrindiau pennaf Gwil o'i waith, a'i wraig, Anji. Roedden ni'n sgwrsio'n

braf a dyma Anji'n ebychu'n sydyn yn ei ffordd ddramatig,

"O! Catrin, ble gest ti'r ffrog 'na? Ma' hi'n gooooorjys"

Heb feddwl dim, agorais i fy ngheg fawr "O, diolch Anji. Roeddwn i'n gwisgo ffrog arall cyn dod allan ond doedd hwn ddim yn ei licio hi," meddwn i gan bwtio Gwil yn chwaraeus... Chwarddodd pawb, gan gynnwys Gwil. Ond roeddwn i'n gwybod mod i wedi croesi'r llinell. Gallwn ddarllen yr olwg yna ar ei wyneb o o ochr arall yr stafell. Y gwacter brawychus tu ôl i'w lygaid o. Roeddwn i'n difaru f'enaid mod i 'di dweud dim.

Dim byd ond distawrwydd llethol yn y tacsi. Yn erfyn na ddeuai'r daith i ben. Ond mi ddaeth. Cerddodd Gwil ar fy ôl i'n araf i fyny'r llwybr. Es i drwy'r drws gan obeithio y buaswn i'n ddigon sydyn i ddringo'r grisiau cyn i Gwil ddod drwyddo. Roeddwn i bron â chyrraedd y brig a chlywais i'r drws yn cau'n glep y tu ôl i mi. Eiliad oedd hi. Un eiliad mi gaeodd y drws, yr eiliad wedyn mi deimlais i ei ddwylo cryf yn gafael yn dyn ar fy ngwast. Ochneidiais rhyw ochenaid o rhyddhad am mod i'n meddwl ei fod o 'di dod i 'nghofleidio'i. Y munud nesaf fe gydiodd o'n dynnach ynof i.

"Aww, Gwil, rwyt ti'n fy mrif..."

Cyn i mi orffen fy mrawddeg, gwthiodd o fi'n erbyn reilan y grisiau nes iddo wasgu'r holl wynt o'n hasennau.

"Gwil, paid, plis, dwi'n gwbod bod..."

Cyn i mi ddeall beth oedd yn digwydd, roeddwn i ar waelod y grisiau.

Deffrais i'r bore wedyn ar waelod y grisiau, gyda blanced drosof i, a nodyn gan Gwil yn dweud,

Di gorfod mynd i Chicago. Wela' i di mewn pythefnos.

Fe gawn ni siarad am neithiwr bryd hynny.

Dwi'n dy garu di Cat,

Gx

Roedd fy mhen i'n gymylog. Doeddwn i prin yn medru symud o'r holl gleisiau. Llwyddais i gyrraedd yr ystafell molchi, a dyna lle gwelais i'r chwydd ar ochr fy mhen a marciau ei ddwylo. A dyna fi, o'r diwedd yn syllu ar y gwir. Roeddwn i'n byw ar garped o blisgyn wy. Doedd pethau ddim yn mynd i newid. Fe fyddai adref ym mhen pythefnos a doedd gen i ddim amser i'w golli. Amser gweithredu, amser ffoi. Byddai'n anodd byw ar gyflog gweinyddes, ond gallwn i fyw efo Mam. Roeddwn i'n mynd i ddianc...

Mali Elwy Yr.13 Welsh Coursework

Record Of Achievement

Words by Mr Dewi Owen Yr.11 Head of Year (2019) 2019

Wel blwyddyn 11. Dyma ni wedi cyrraedd pen y daith ac rwan rydych chi ar groesffordd i'ch dyfodol. Mi ddywedais i nol ym mis Medi y bydd y misoedd nesaf yn hedfan hebio, a dyma ni. Pan oeddech chi'n fengach yn yr ysgol, roeddech chi i gyd eisiau'r diwrnod hwn i gyrraedd mor gyflym ag oedd yn bosib. Mae gadael yr ysgol yn gyfnod pwysig ac yn garreg filltir yn eich bywyd. Rydych wedi bod drwy flynyddoedd o ddysgu, chwerthin gyda'ch ffrindiau a thyfu o fewn amgylchedd rydych chi'n gyfarwydd ag o.

Roeddwn i wir yn ei chael hi'n anodd ysgrifennu'r araith gan fy mod i'n cofio am ryw ddigwyddiad doniol, moment emosiynol neu cyfnod anodd y buon ni gyd yn rhan o ohono yn ystod y flwyddyn diwethaf. Rwy'n falch o ddweud mai chi yw fy ngrŵp blwyddyn cyntaf i fel Arweiynydd Cynydd ac y fi sydd wedi cael eich arwain ymlaen i'ch diwrnod olaf yn Ysgol Glan Clwyd.

Well year 11. We have reached the end of our journey and you're at the crossroad to your future. I spoke to you in assembly back in September and told you that the next few months would fly by, and here we are. When you were younger, you all wanted this day to come so quickly. To leave school....It's such a momentous time in your lives, as years of learning, laughing and growing comes to a close in the secondary chapter.

I really struggled to write this because every few lines I remembered funny incidents, emotional moments and difficult times. I am proud to say you were my first year group as Progress Leader and I am the one who took you to your final day at Ysgol Glan Clwyd.

Yn y gwasanaeth gyntaf i mi wneud gyda chi mi siaredais am ddau beth. Yn gyntaf i chi gredu yn eich hunain ac yn ail siaradais am fod yn dîm. Golyga hyn roedd rhaid i ni gydweithio. Er ar adegau roedd yna stranciau, dagrau, sawl cwpanaid o de neu siocled poeth i godi'ch calon. Rydyn ni wedi dod at ein gilydd a dw i'n teimlo o hyn eich bod wedi datblygu i fod yn oedolion ifanc gweithgar, aeddfed, brwdfrydig, ond yn bwysicach fyth, rydych chi'n aelodau cwrtais, gofalgar a dilys o gymdeithas.

Ar hyd y ffordd, rwyf wedi cefnogi rhai ohonoch drwy amserau anodd a theithiau emosiynol personol. Mae'r disgyblion hyn yn gwybod pwy ydyn nhw a phan fydd pethau'n mynd yn anodd i chi, cymerwch anadl ddofn a chofiwch yr hyn rydych chi wedi gyflawni. Credwch ynoch chi'ch hun, rwyf bob amser wedi credu ynoch chi, yn union fel rwyf wedi credu yn eich gallu chi gyd blwyddyn 11. Er fy mod i wedi siarad â rhai yn fwy nag eraill, cofiwch fy mod i'n ymwybodol ac yn browd iawn o agwedd positif, ymdrech a dycnwch pob un ohonoch chi.

In our first assembly I talked about being a team and it was about us working together. Although there have been tantrums, tears, lots of cups of tea and some hot chocolate to raise moral- we have reached today together. I feel from this that you have developed into hard working, mature, enthusiastic young adults but more importantly, you are polite, caring and genuine members of society.

Along the way, I have supported some of you with personal tough times and emotional journeys. These pupils know who they are and when things get tough for you, take a deep breath and remember how far you have come. Believe in yourself, I always have believed in you, just like I have with you all. Even though I have spoken to some more than others, I just wanted to highlight the ones I haven't, your attitude, effort and commitment didn't go unnoticed... I am proud of you.

Rydych chi i gyd yn gwneud i mi ymfalchïo ac rwy'n cymryd cysur mawr o wybod y bydd y talent yn yr ystafell hon yn cynhyrchu meddygon, athrawon, heddweison, dynion a merched tan, cyfrifwyr, ysgrifenwyr ayyb y dyfodol. Rydych chi ar ddechrau pennod wefreiddiol - ond gwnewch yn siwr bod eich pennod yn werth ei darllen.

Un peth rwy'n siŵr, yw fy mod i a'ch athrawon wedi'ch paratoi at fywyd y tu hwnt i Ysgol Glan Clwyd. Mae bywyd y tu allan i Ysgol Glan Clwyd yn bodoli. Dw i'n siwr eich bod chi'n gweld hi'n rhyfedd nad oes neb nawr yn cwyno i chi fynd i'r ysgol i chi godi i ddal y bws ayyb. Ond nawr dylech glywed y llais yn eich pen ei hun. Rhaid i chi ysgogi'ch hun o hyn ymlaen.

You all make me proud and I take great comfort in knowing that the talent in this room will produce doctors, teachers, paramedics, police men and women, accountants, writers, and the list goes on. You are at the start of a thrilling chapter but mke sure that your chapter is worth the read.

One thing I am sure, is that I and your teachers here at Ysgol Glan Clwyd, have prepared you all for life beyond these doors and walls. I'm sure you now find it weird that our constant nagging has stopped. But hopefully you will now be self motivated. It's now time for you to motivate yourself.

Rydw i am orffen gyda thri dyfyniad i chi blwyddyn 11. Dyfyniadau rwy'n gobeithio y bydd yn gyngor i'ch taith chi o hyn ymlaen.

I feel like I've been going on for a while now so I'll finish with three quotes which I think are important for your future.

Yn gyntaf – yn ôl y cymeriad Dumbledore yn y llyfrau Harry Potter "Ein dewisidau sy'n dangos pwy yda ni go iawn, nid ein gallu"

I'm a massive Harry Potter fan and as Dumbledore said."It is our choices that show what we truly are, far more than our abilities"

Chi sy'n siapio'ch dyfodol o'r dewisiadau rydych chi'n ei wneud". Meddyliwch ydych dewisiadau chi yn eich dal chi yn ol?

Yn ail – "Nid anelu'n uchel yw'r perygl mwyaf i ni ond anelu'n rhy isel" Does neb yn hoffi methiant. Maen digon hawdd gosod targedau bach a'u cyflawni. Ond meddyliwch os oes cyfle i anelu'n uwch- pwy a wyr ble fyddech chi'n cyrraedd? Ond, os nad ydych yn trio fyddwch chi byth yn gwybod.

"The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it."

Yn drydydd - "Cymerwch gyflifoldeb personol. Allwch chi ddim newid amgylchiadau o'ch cwmpas, tymhorau'r flwyddyn na'r tywydd ond mi allwch newid eich hun"

Cyfrifoldeb personol. Dau air sy'n allwedd i lwyddiant. Y chi sy'n gyfrifol am bopeth fyddech chi'n gwneud yn eich bywyd. Os ydych chi eisiau newid, rhaid dechrau drwy edrych yn y drych. Mae'n cymryd dewrder i gymryd cyfrifoldeb. Maen llawer haws gweld bai ar rywun arall am eich problemau neu fethiannau.

And my last quote "You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself".

Allai ddim siarad o'ch blaen chi chwaith heb eich atgoffa chi o'r hyn sy'n ein gwneud ni'n unigryw. Y Gymraeg. Mewn byd ble mae pawb yn siarad Saesneg- byddwch yn wahanol a siaradwch Gymraeg. Byddwch yn falch o'ch gallu a siaradwch eich iaith gyda hyder.

To finish I could have talked about individual accomplishment within our year. It would have been remiss of me to do so. To me, each and everyone of you year 11 are equally important and everyone of your successes in life is important to me and to Ysgol Glan Clwyd.

Felly i orffen, mi faswn i wedi gallu son am lwyddiannau unigolion yn ein blwyddyn ni. Ond i mi un flwddyn yda ni. Un tim mawr yn gweithio gyda'n gilydd ac i mi mae llwyddiant pob un ohonoch chi yn bwysig. Pob un.

A new chapter means the latter must end. Here we are at your final page of our chapter.

Mae dechrau pennod newydd bob amser yn golygu bod yn rhaid i'r un blaenorol ddod i ben. Dyma ni felly ar dudalen olaf ein pennod ni. Pob lwc ym mhopeth rydych chi'n ei wneud blwyddyn 11. Mwynhewch, mwynhewch a byddwch lawen!

